Mentorship in October!

Hi Mentorship!

We hope that you enjoyed Kickoff and connected with many of your group members! Moreover, we hope that the Workshop helped peer and faculty mentors think of events and goals that they have for their groups! Now that the Mentorship program has officially begun, there are many exciting programs that we have planned for you to look forward to this fall. This issue will let you know of fun activities that you can partake in during the fall months to keep your groups active. Be sure to check out information on our annual Stressbusters and Study Skills Event and the new Photo Scavenger Hunt Deadline!

Also, check out our new program activities including the First Summer Workshop and the Communication Coordinator Mass Meeting for those interested in working for Mentorship! Happy October and GO BLUE!!

Inside this Issue:

KICKOFF 2013
STRESSBUSTERS
AMAZING MENTORSHIP RACE
PHOTOS FROM KICKOFF

KICKOFF THIS YEAR WAS A HUGE SUCCESS! MENTORS AND MENTEES GOT THE CHANCE TO MEET EACH OTHER, EAT GREAT FOOD AND DESERT, AND MAP THEIR HOME LOCATION. DESPITE THE FIRE DRILL, EVERYONE HAD A GREAT TIME!
**OCTOBER EVENTS**

1. **FACULTY/STAFF MENTOR’S LOUNGE.** SEE PAGE 8
2. **FIRST SUMMER WORKSHOP.** SEE PAGE 4
3. **PHOTO SCAVENGER HUNT PHOTOS DUE.** SEE PAGE 5
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5. **COMMUNICATION COORDINATOR MASS MEETING.** SEE PAGE 7

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We have many exciting and fun activities planned for the month of October, which all provide the opportunity to hang out with new friends, get involved and get to know the University! Don’t forget to add these dates to your planner and check out the rest of this newsletter for more information about each event!

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**WHAT MENTORSHIP EVENT ARE YOU MOST LOOKING FORWARD TO? LET US KNOW ON TWITTER: @GOBLUEMENTOR**
First Summer Workshop

"FIRST SUMMER WORKSHOP" WILL TAKE PLACE OCTOBER 10TH, 5:00-7:00 PM IN THE FOUNDER’S ROOM OF THE ALUMNI CENTER

On October 10th, 5-7 pm Mentorship is hosting its first ever “First Summer Workshop.” During this workshop, attendees will get the chance to learn “How Not to Waste Your First Summer in College.” At this event, participants will hear about different options that are available during the summer following your first year of college. Whether you are looking to study abroad, get an internship or receive advice about going home that summer, Mentorship has you covered!

To gear up for this event, CCs Stacey, Jenn and Rachel weigh-in with their experiences during the summer after freshman year! It’s never too late to start thinking about what you might want to do next summer, so take advantage of this great opportunity to get advice!

STACEY

“Freshman summer I found an internship through my dad. Although I feel somewhat embarrassed that I didn’t go out into the world seeking an exotic internship, I really appreciated the opportunity of a summer job. I worked as a recruiting assistant intern, which means I did a lot of work and research sitting at a desk. I learned new skills, met cool coworkers, and had a great boss, but I also learned that a typical desk job isn’t the right fit for me. My advice for freshman summer: If you’re going to stick around your hometown, start having conversations with friends and family about summer internships. Thanksgiving, Winter, or Spring breaks are the perfect time to begin having these conversations. Chances are, someone you know (or someone they know) would be happy to have an eager, hardworking college student intern for the summer.”

JENN

“Leading into the summer of my freshman year, I was very excited that I had figured out ‘what I wanted to do with my life.’ But it seemed I was somehow already behind on required courses! The perfect solution for me to feel at ease going into Sophomore year, and not have to pile on the difficult courses was to take classes over the Spring and Summer semesters in Ann Arbor. Not only was I able to knock out four required classes, but I also had so much fun exploring Ann Arbor during the summer and making tons of new friends. Ann Arbor in the summer is truly a unique and necessary experience for Wolverines! Is summer 2014 the right summer for you to stay in Ann Arbor?”

RACHEL

“The summer after freshman year I went home and got a job at a restaurant. I also took a Biology course at a local college for Natural Science credits. It was nice to be making money, and class kept me busy, but to be frank, I was not the happiest working at home and being under my parent’s supervision after a year of freedom. Now, as a senior, my summer experiences have included studying abroad in Germany and interning in DC, both of which were incredible experiences that I wish I would have thought to do sooner. To any freshmen considering what they want to do this summer, I would definitely recommend exploring different options and would also recommend considering taking a risk, before committing to being home for a summer and once again under supervision.”
The Amazing Mentorship Race ends October 30th!!
The deadline for the Amazing Mentorship Race is fast approaching, but it is not too late to get involved!

**Top Reasons to Play**
- Explore locations you didn’t learn about on your campus tour
- Win a prize your whole Mentorship group can enjoy
- Find fun, creative ways to interpret the clues
- Win extra points, bragging rights and instant fame
- Get to know your group members
- Take an action-packed study break!

**Your Peer Mentor or FS Mentor** should like our Facebook page and email us a request to be a content creator.
Submit pictures by uploading an album to the UM Mentorship Facebook page at facebook.com/UMMentor.
**Album title:** [Your Peer Mentor’s Full Name] + Amazing Race 2013

**Highest Scoring Groups Can Win**
1st Place: Gift certificate to local restaurant
2nd Place: Gift certificate to local ice cream shop
COME TO STRESSBUSTERS AND PARTAKE IN A VARIETY OF "STRESSBUSTING" ACTIVITIES!

STRESSBUSTERS AND STUDY SKILLS EVENT

On October 24th, Mentorship will host its annual Stressbusters and Study Skills Event at the Alumni Center Founder’s Room. At Stressbusters, you will have the opportunity to both relax and learn about study skills and stress management. This event will feature healthy foods (as well as dessert), games, massages, crafts and more!
Become a Communication Coordinator!

Do you think your Communication Coordinator is awesome and want to know how you can be like them? Interested in making the transition from Mentor to Communication Coordinator? Looking to hear more about what it means to be a Communication Coordinator? Well, on **October 29th, Mentorship is hosting a Communication Coordinator (CC) Mass Meeting**! Stop by to hear all about the CC position and application process.

**THE 2013 GANG**

- **JENN**
- **SARAH**
- **STACEY**
- **RACHEL**
- **ERIN**
UM TO BEGIN FREE SHUTTLE SERVICE FROM ANN ARBOR TO DETROIT!

The University of Michigan is creating a new shuttle service that will take Michigan students and staff to Detroit on Fridays and Saturdays free of charge. This service will begin October 5th.

The shuttle service was created to encourage students and staff to engage in cultural and social activities in Detroit. Addell Austin Anderson, director of U-M’s Detroit Center and codirector of the MDetroit Center Connector stated, “Our aim is not to become a full-scale transit provider, but to better facilitate and advance learning and engagement with the city, as well as to deepen relationships between Detroit and the U-M community.”

Mentorship highly encourages mentorship groups to take advantage of this opportunity and consider visiting Detroit as a group!

For more information visit: UM to Begin Free Shuttle Service between Ann Arbor and Detroit. http://detroitcenter.umich.edu/

FACULTY/STAFF MENTOR’S LOUNGE

The Faculty/Staff Mentor’s Lounge will take place October 1st from 11:00 am - 1:00 pm in the Founder’s room of the Alumni Center. Faculty/Staff Mentors are encouraged to drop in at any time to enjoy coffee and/or a luncheon planned exclusively for them!
We hope that Mentors had a good experience at the Mentorship Workshop and learned a lot about how to be an even better mentor! Here’s a mental health and wellbeing resource on campus: The Campus Mind Works website was designed to simplify access to the wide variety of mental health and academic support resources at the University of Michigan, and provide information to help students stay healthy and manage college life. Mentors can quickly familiarize themselves with resources on the Campus Minds Works website.

If you are interested in learning more visit Campus Mind Works at http://www.campusmindworks.org.

Additional resources are available on line at: http://onsp.umich.edu/current_students/mentorship/resources.html
MENTORSHIP OPENING
SURVEY RAFFLE

Mentorship would like to congratulate Jun Lu, mentee of Hussein Nagree and Dwight Fontenot, for winning the Mentorship opening survey raffle. Jun has won a $5 Starbucks giftcard and can stop by 1100 LSA, Office of New Student Programs front desk to claim his prize.

Love Social Networking? So do we!

http://www.facebook.com/UMM Mentor

@gobluementor